

## OPENING GROUP REMARKS – (Facilitator or Chairperson)



Hello, my name is \_\_\_\_\_ and I am recovering in Christ.

Recovery in Christ is a fellowship of Christians who share our own experiences, strength and hope with each other so that we may grow in Jesus Christ.

We are committed to a Christ-centered approach to solving our common problems, and we believe that the Twelve Steps are Biblical principles that have great value in recovery and spiritual growth.

People who regularly attend meetings and sincerely work the steps do recover and experience healing and spiritual progress.

God is truth and God is love. We further our recovery by being honest with one another. In this unique and healing way we share God's love. "Know the truth and the truth shall make you free." (John 8:32)

We let others know who we are by being transparent about our own lives. Please remember to use "I" messages instead of "You" messages, if possible.

This needs to be a safe place, and we need to love and encourage one another. Everything said in this room must remain confidential.

We are not here to fix, control, argue or criticize. We only confront one another when necessary, and we make every effort to do so in a loving way and as the Lord leads.

Therefore, let us all prayerfully agree that God's love, the grace of Jesus Christ and the fellowship of the Holy Spirit will be in control of this meeting and all that takes place.

### MEETING FORMAT (suggested)

1. Opening Prayer (praise & worship - depending on group)
2. Read Opening Group Remarks Pg. 6
3. Have someone read the Twelve Steps Pg. 8 (and Traditions Pg. 9 – optional)
4. Introduce and welcome new members (first name only)
5. Have someone read the Ground Rules Pg. 7
6. Have someone read Devotional (Many good recovery devotionals are available)
7. Introduce Topic:
  - A. Step Study (workbook section 3 / Video)
  - B. Open Discussion
  - C. Special Topic (workbook section 4)
  - D. Review Special Recovery Material (workbook section 2, etc.)
  - E. Speakers Meeting
  - F. Teaching (Bible study)
8. Acknowledge milestones in recovery / professions of faith
  - a. *SUGGESTION: (Give out colored marbles for 1-day, 30-days, 60-days, 90-days, 6-months, 9-months, 1-Year and give out a fidget spinner for multiple years)*
9. Prayer Requests / Closing Prayer
10. Ask for any recovery related Announcements
11. Pass around phone list (optional)
12. Coffee Break and Fellowship